Global Health Delivery & UHC: a quick overview

Madhukar Pai, MD, PhD
Director
McGill Global Health Programs
madhukar.pai@mcgill.ca



Approaches to healthcare delivery

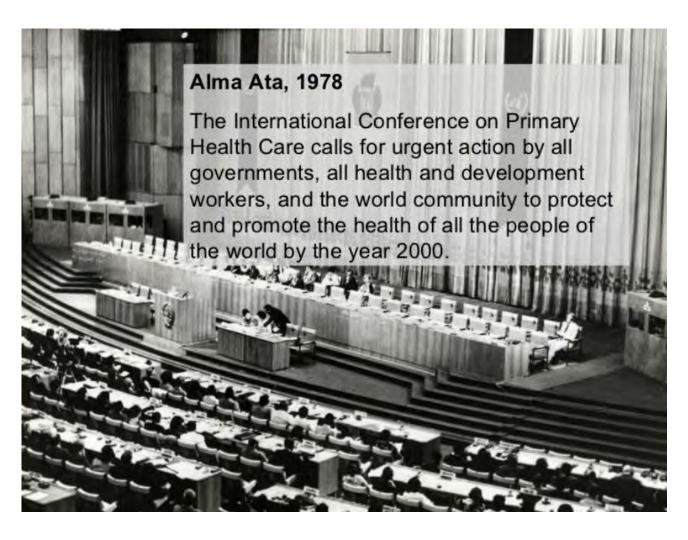
- Health as a human right (rights model)
- Development will result in health improvement (development model)
- Investing in health will improve the economy & bring societal benefits (investment model)

Health as a Human Right

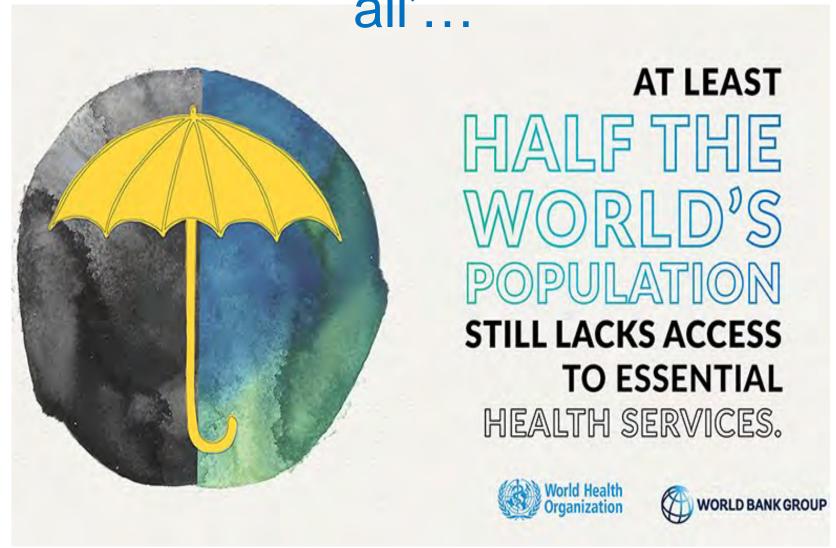


The "enjoyment of the highest attainable standard of health" has been recognised as a "fundamental right" since the adoption of the World Health Organisation (WHO) Constitution in 1946 and since then it has been recognised by various international human rights treaties.

40 years ago, countries pledged 'Health for All"



40 years after promising 'health for



40 years since Alma Ata: It's back to the future for Health for All

20 February 2018

Quite a lot has changed in the last 40 years, right? And yet, four decades since the 1978 signing of the international Alma Ata declaration in Almaty, Kazakhstan, meeting the essential health needs of people through primary health care has once again been highlighted as the key to the attainment of Health for All by a 'new' global movement.











From Alma-Ata towards universal health coverage and the Sustainable Development Goals

UHC is a new take on 'Health for All'



SDG 3—"Ensure healthy lives and promote well-being for all at all ages"—is a broad health goal, and calls for achieving universal health coverage (UHC), which is defined as access for all people and communities to services that they need without financial hardship.

Many countries are still far from UHC as measured by an index of access to 16 essential services.



WHAT DO YOU NEED TO GET, BE AND STAY

HEALTHY?

CAN YOU GET HELP FROM A WELL-TRAINED HEALTH WORKER?

WHO WILL

PAY FOR IT?



THAT HELPS YOU GET BETTER, AND IS SAFE?



CAN YOU GET THE MEDICINES AND OTHER HEALTH PRODUCTS YOU NEED?



ARE THERE POLICIES IN PLACE TO MAKE QUALITY SERVICES AVAILABLE TO EVERYONE,



DOES YOUR GOVERNMENT
HAVE THE INFORMATION IT NEEDS
TO MAKE THE RIGHT DECISIONS
ABOUT THE WHOLE SYSTEM?



THE WORLD HEALTH ORGANIZATION IS WORKING AROUND THE WORLD SO THAT ALL PEOPLE AND COMMUNITIES RECEIVE THE QUALITY SERVICES THEY NEED, AND ARE PROTECTED FROM HEALTH THREATS, WITHOUT SUFFERING FINANCIAL HARDSHIP.

THAT'S WHAT WE CALL

UNIVERSAL HEALTH COVERAGE

WWW.WHO.INT/UHC

The United Nations Sustainable Development Goals that all UN Member States have agreed to try to achieve Universal Health Coverage by 2030.

This includes financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all.

UHC coverage index

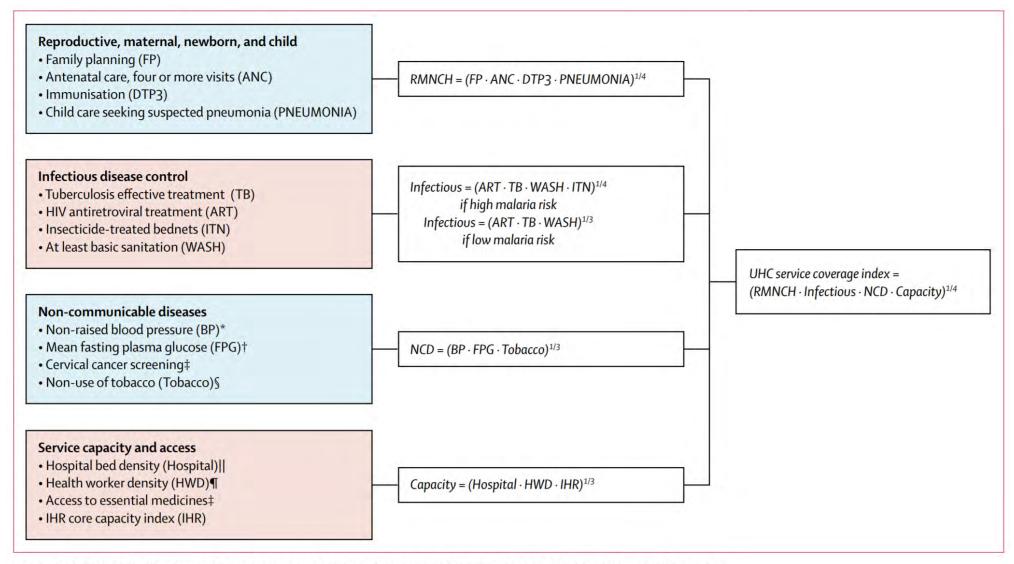


Figure 1: Calculation of universal health coverage service coverage index on the basis of national levels of coverage

Essential interventions for UHC

Counselling of mothers on providing thermal care for preterm newborns (delayed bath	Maternal and newborn health
and skin-to-skin contact)	Triacerrai and newborn realth
Management of labour and delivery in low-risk women by skilled attendants, including basic neonatal resuscitation following delivery	Maternal and newborn health
Detection and management of severe acute malnutrition and referral in the presence of complications	Child health
Detection and treatment of childhood infections (iCCM), including referral if danger signs	Child health
For malaria due to <i>Plasmodium vivax</i> , test for G6PD deficiency; if normal, add chloroquine or chloroquine plus 14-day course of primaquine	Adult febrile illness
In all malaria-endemic countries, diagnosis with rapid test or microscopy (including speciation) followed by treatment with ACTs (or current first-line combination)	Adult febrile illness
In high malaria transmission settings where rapid tests and microscopy are unavailable, presumptive treatment of febrile illness with ACTs (non-severe cases) or ACTs plus antibiotics (severe cases)	Adult febrile illness
In low malaria transmission settings, addition of single low-dose primaquine to first-line treatment	Adult febrile illness
Early detection and treatment of Chagas disease, human African trypanosomiasis, leprosy, and leishmaniasis	Neglected tropical diseases
Identify and refer patients with high risk, including pregnant women, young children, and those with underlying medical conditions	Pandemics
	Detection and management of severe acute malnutrition and referral in the presence of complications Detection and treatment of childhood infections (iCCM), including referral if danger signs For malaria due to <i>Plasmodium</i> vivax, test for G6PD deficiency; if normal, add chloroquine or chloroquine plus 14-day course of primaquine In all malaria-endemic countries, diagnosis with rapid test or microscopy (including speciation) followed by treatment with ACTs (or current first-line combination) In high malaria transmission settings where rapid tests and microscopy are unavailable, presumptive treatment of febrile illness with ACTs (non-severe cases) or ACTs plus antibiotics (severe cases) In low malaria transmission settings, addition of single low-dose primaquine to first-line treatment Early detection and treatment of Chagas disease, human African trypanosomiasis, leprosy, and leishmaniasis Identify and refer patients with high risk, including pregnant women, young children, and

DCP3= third edition of the Disease Control Priorities. C=community platform; HPP=highest priority package. iCMM=integrated community case manage illness. ACTs=artemisinin-based combination therapy.

Table: Urgent interventions for essential universal health care



HPP











Featured Chapter: Universal Health Coverage and Essential Packages



From Volume 9: Disease Control Priorities

Abstract:

A concrete set of priorities for universal health coverage (UHC) is proposed in this chapter, grounded in economic reality and intended to prove appropriate to the health needs and constraints of low- and middle-income countries (LMICs), by (1) developing a model benefits package referred to as essential UHC (EUHC); (2) identifying a subset of interventions termed the highest-priority package (HPP); and (3) presenting a case all countries-including low-income countriescould strive to fully implement the HPP interventions by the end of the Sustainable Development Goal...

View Chapter

Recent News





Latest Video Collaboration on Child and Adolescent Health is Out!

Global Partnership for Education Webinar on Optimizing Education Outcomes

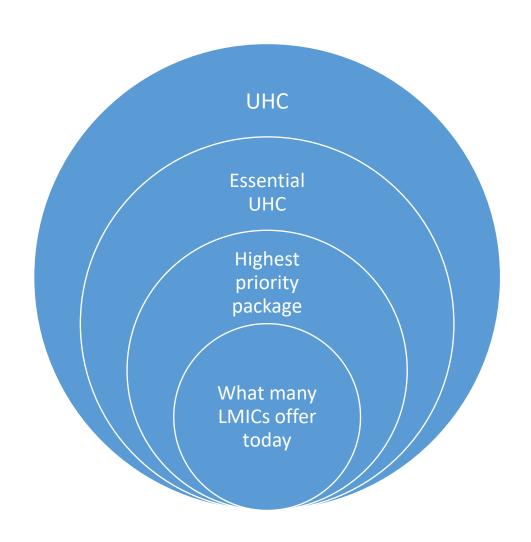
DCP3 Volume 8 Education Edition Launched at Annual Comparative & International Education Society Conference

See all news

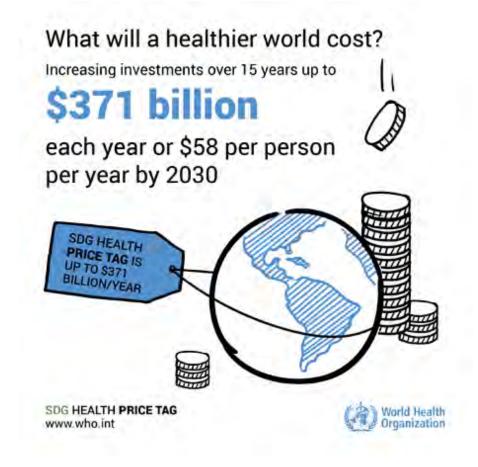
How well are countries doing on UHC?

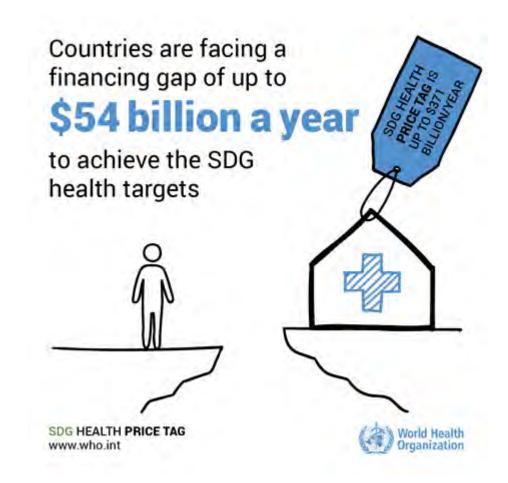
- At least half of the world's population still do not have full coverage of essential health services.
- •About 100 million people are still being pushed into "extreme poverty" (living on 1.90 USD (1) or less a day) because they have to pay for health care.
- •Over 800 million people (almost 12% of the world's population) spent at least 10% of their household budgets to pay for health care.

How far are LMICs from UHC?



What will it cost?





UHC is a political issue

- "For me, universal coverage is an ethical issue.
 Do we want our fellow citizens to die because they are poor? Or millions of families to fall into poverty because they lack financial risk protection?
- As you know, today more than 400 million people lack access to essential health services and 40% of the world's population lack social protection.
- These people are being denied a fundamental a human right.
- That's why it's so important that universal health coverage is included in the Sustainable Development Agenda. Indeed, it is the centrepiece of the Sustainable Development Goal health targets.
- If countries choose to invest in making progress towards universal health coverage, they lay the foundation for making progress towards all the other health targets and other goals - like ending poverty, improving gender equality, decent work http://www.bb.int/dg/specches/2017/universal-health-coverage/en/





Within reach

The case for universal health care is a powerful one-including in poor countries



DY MANY measures the world **D** has never been in better health. Since 2000 the number of children who die before they are five has fallen by almost half, to 5.6m. Life expectancy has reached 71, a gain of five years. More children than ever are vac-

cinated. Malaria, TB and HIV/AIDS are in retreat.

Yet the gap between this progress and the still greater potential that medicine offers has perhaps never been wider. At least half the world is without access to what the World Health Organisation deems essential, including antenatal care, insecticide-treated bednets, screening for cervical cancer and vaccinations against diphtheria, tetanus and whooping cough. Safe, basic surgery is out of reach for 5bn people.

Those who can get to see a doctor often pay a crippling price. More than 800m people spend over 10% of their annual household income on medical expenses; nearly 180m spend over 25%. The quality of what they get in return is often woeful. In studies of consultations in rural Indian and Chinese clinics, just 12-26% of patients received a correct diagnosis.

That is a terrible waste. As this week's special report shows, the goal of universal basic health care is sensible, affordable and practical, even in poor countries. Without it, the potential of modern medicine will be squandered.

through out-of-pocket payments. More services could be provided if that money—and the risk of falling ill—were pooled.

The evidence for the feasibility of universal health care goes beyond theories jotted on the back of prescription pads. It is supported by several pioneering examples. Chile and Costa Rica spend about an eighth of what America does per person on health and have similar life expectancies. Thailand spends \$220 per person a year on health, and yet has outcomes nearly as good as in the OECD. Its rate of deaths related to pregnancy, for example, is just over half that of African-American mothers. Rwanda has introduced ultrabasic health insurance for more than 90% of its people; infant mortality has fallen from 120 per 1,000 live births in 2000 to under 30 last year.

And universal health care is practical. It is a way to prevent free-riders from passing on the costs of not being covered to others, for example by clogging up emergency rooms or by spreading contagious diseases. It does not have to mean big government. Private insurers and providers can still play an important role.

Indeed such a practical approach is just what the low-cost revolution needs. Take, for instance, the design of health-insurance schemes. Many countries start by making a small group of people eligible for a large number of benefits, in the expectation that other groups will be added later. (Civil servants are, mysteriously, common beneficiaries.) This is not only unfair and inefficient, but also risks creating a constituency opposed

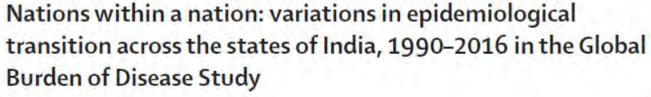
India as a case study

State of India's health

India: Health of the Nation's States

The India State-Level Disease Burden Initiative

INDIAN COUNCIL OF MEDICAL RESEARCH
PUBLIC HEALTH FOUNDATION OF INDIA
INSTITUTE FOR HEALTH METRICS AND EVALUATION







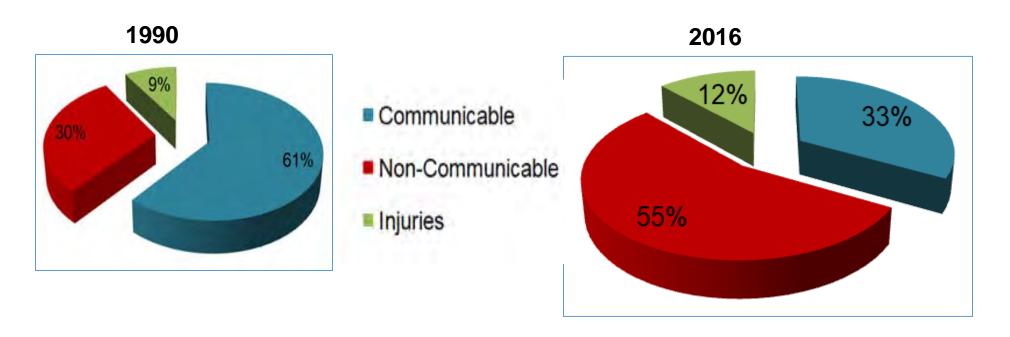




Key findings

- Life expectancy is increasing but 6 out of 10 deaths now due to NCDs
- Under-5 mortality rate is improving nationwide, but there is a four-fold difference between states
- Even in states of similar development levels, there are major differences in the burden of leading diseases, highlighting vast health inequalities
- The rate of premature death and disability for ischaemic heart disease is 9 times higher in some states compared to others; and 6 times higher for stroke
- Overall burden of tuberculosis in India is highest in the world and its rate varies 9fold between states
- Child and maternal malnutrition still leading risk factor for premature death and poor health, and is highest in the poorer states of north India
- Air pollution, diet, and obesity an increasing threat to health across many states

Distribution of disease burden, India



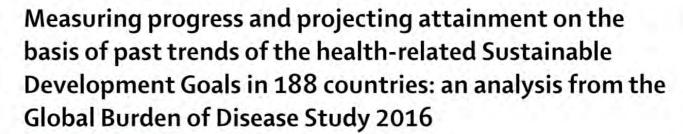
- •Infectious and associated diseases reducing, but still high in many states
- Rising burden of non-communicable diseases
- Rising risks for cardiovascular diseases and diabetes
- •Increasing but variable burden of injuries
- Unacceptably high risk of child and maternal malnutrition
- Major inequalities between states

India's progress towards health-related SDGs...

Punching Below Its Weight: India's Progress Towards Health-Related SDG Goals

It is time for India to fully fund and implement its ambitious health policies, and translate them into better health outcomes for its millions. Without health, little else matters.







GBD 2016 SDG Collaborators

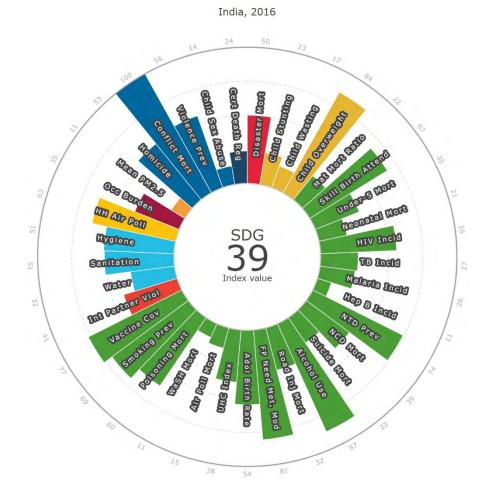


- This is an analysis from the Global Burden of Disease (GBD) Study 2016, which measured 37 health-related indicators from 1990 to 2016. The researchers then transformed each indicator on a scale of 0-100 (with higher values indicating good progress), and computed an overall index representing all 37 indicators. These were then used to rank all 188 countries in the analysis.
- The results showed that, globally, the median health-related SDG index was 56.7 in 2016 and country-level performance markedly varied...

	SDGindex	Yanın naçı	MDG index Non-MDG index	Disaster mort	Child stunting	Child wasting	Child overweight	MMR	SBA	Under-5 mort	HIV incid	Tuberculosis incid	Malaria incid	Hep B incid	NTD prev	NCD mort Suicide mort	Alcohol use	Road injury mort	FP need met, mod	Adol birth rate	UHCindex	Air poll mort WaSH mort	Poisoning mort	Smoking prev	Vaccine cov	Int partner viol	Water	Sanitation	Hygiene HH air noll	Occ burden	Mean PM _{2.5}	Homicide	Conflict mort	Violence prev	Child sex abuse
1 Singapore	87	7 9	91 84	10	96	85	59	89	100 10	00 10	00 54	63	100	87	100	90 53	88	98	80	94	95 7	74 78	100	86	95	99	96 9	99 9	97 10	0 74	50	99	100	97	42
2 Iceland	86	6	96 79	10	100	99	32	100	100 10	00 10	60	88	100	100	100	94 43	56	95	94	88 1	.00 9	98 93	85	63	90	98	100 1	00 1	.00 10	0 68	91	95	100	94	47
3 Sweden	86	6	95 81	10	100	98	53	98	100 9	7 9	5 62	93	100	100	100	94 38	40	99	88	84	98 1	00 85	68	77	96	95	100 9	99 1	00 99	9 88	100	84	100	75	29
4 Norway	(84	4	95 80	56	100	99	53	98	100 9	6 9	2 63	96	100	100	100	92 47	54	98	90	82	99 9	97 83	87	61	93	98	100 1	00 1	00 10	0 86	88	93	100	94	52
5 Netherlands	83	3 9	94 79	10	100	99	67	89	100 8	8 8	0 66	98	100	98	100	86 49	49	94	92	95	97	82 87	100	54	86	98	100 1	00 1	.00 10	0 70	66	90	100	82	39
6 Finland	89	3	97 78	10	100	98	64	99	100 10	00 9	8 71	98	100	100	100	92 32	22	94	98	80 1	00 1	00 100	85	53	96	97	100 1	00 1	.00 10	0 91	96	77	100	84	50
7 Israel	82	2 9	90 78	10	99	98	48	90	99 9	0 8	8 58	100	100	92	100	92 57	84	70	84	72	87 8	84 80	89	53	93	87	99 9	98 9	99 10	0 97	59	68	72	84	24
8 Malta	81	1	85 77	70	100	98	25	91	99 7	7 6	3 49	95	100	97	100	88 77	64	99	76	54	88 8	81 96	97	51	93	96	100 9	99 1	.00 10	0 76	74	83	100	98	44
9 Switzerland	80	0 9	94 75	55	100	98	61	92	100	8 7	7 56	95	100	70	100	98 40	44	98	93	100 1	.00 9	96 96	100	44	85	99	100 1	00 1	00 10	0 66	78	94	100	94	43
10 UK	80	0 1	39 77	89	97	99	53	86	99 8	4 7	8 55	84	100	96	100	82 56	39	97	98	62	88 8	82 86	84	44	93	97	100 1	00 1	.00 10	0 73	75	97	100	91	36
11 Australia	80	0 1	91 75	77	96	98	54	92	99 8	8 8	2 63	100	100	74	100	94 44	23	79	100	62	96 1	00 90	85	64	94	98	96 9	99 9	97 10	0 78	96	80	100	94	47
12 Canada	79	9 1	89 74	10	98	99	47	84	99 8	0 7	2 57	100	100	82	100	87 43	36	74	94	68	92 9	98 83	75	65	60	97	100 9	97 1	.00 10	0 61	90	76	100	94	41
13 Germany	78	3 9	92 73	10	100	99	54	83	99 9	0 8	6 60	94	100	98	100	81 44	34	89	91	80	92 8	82 87	100	38	74	100	100 9	99 1	.00 10	0 71	70	93	100	91	34
14 Italy	78	3 9	70	49	100	98	35	97	99 9	3 8	6 54	96	100	79	100	91 69	38	69	81	84	94 8	37 100	96	43	93	98	98 9	99 9	99 10	0 76	65	92	100	90	44
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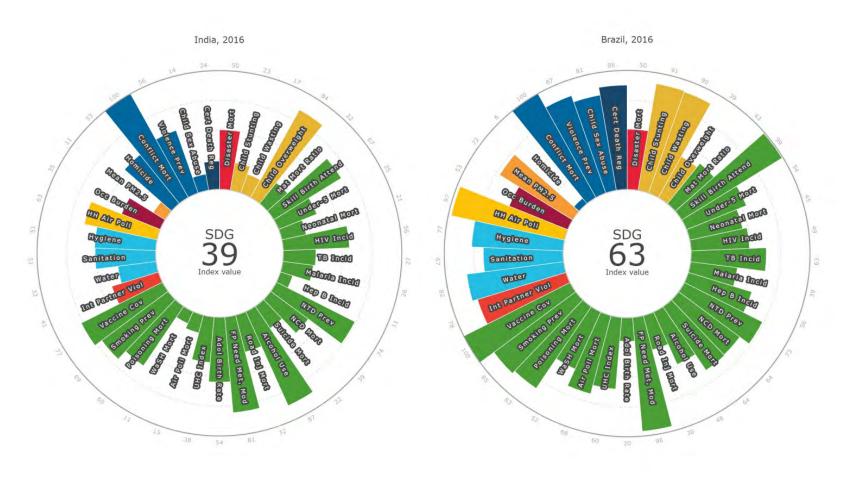
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173 Guinea	22	16	26 1	00 45	59	79	5	37	13	10	32	26	1	12 3	2 3	8 48	97	36	15	3	20	6	12	16	83 6	52	27 1	14 2	26	5 1	0 3	37 2	28 50	5 10	0 53	11	
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179 Sierra Leone	20	13.	24 4	5 33	57	64	5	43	9	8	35	25	2	6 6	1 3	9 47	53	34	40	7	28	6	5	18	62 7	72	28	4 1	13	6 1	4 5	9 3	32 73	3 100	0 10	10	
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186 Somalia	11	9	14 4	0 46	16	88	0	28	14	13	41	18	14	8 3	9 2	7 49	97	25	1	24	0	6	6	5	83	0	3 1	19 2	22	9	9 1	17 5	50 29) 1	7	40	
187 Central African Republic	11	ŝ	17 1	30	58	82	0	39	7	5	18	0	3	5 3	5 2	3 31	65	7	12	12	3	1	1	7	86 2	20	17	0	6	9 1	1 1	18 1	16 38	8 30	31	40	
188 Afghanistan	11	14	12 2	4 5	53	62	8	32	22	16	80	30	26	33 5	1 1	46	98	0	35	21	9	0	32	28	76 5	50	0	6 1	16 3	38 2	27	0 1	18 13	2 1	9	76	

Value 100 75 50 25 0



India did very poorly in this analysis, ranking 127th, with a SDG index value of 39. Countries making good progress toward SDG goals will have most bars reaching the end of the ring (i.e. index values reaching 100).

Comparison of India with Brazil



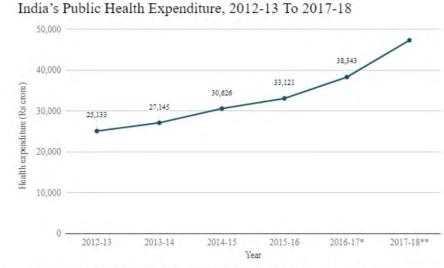
Every single BRICS country ranked ahead of India. Brazil ranked 67 (SDG index 63), China 74 (SDG index of 61), Russia 103 (SDG index 54) and South Africa 122 (SDG index 43).

India: punching well below its weight on health

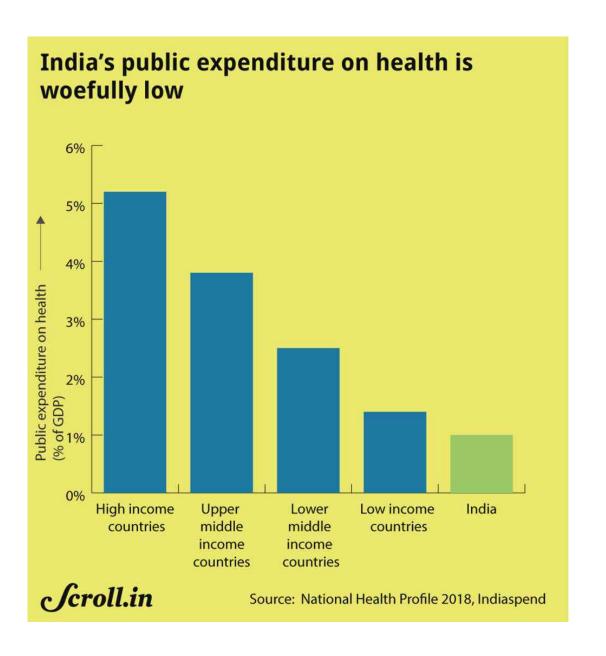
- 1. India underperforms in health.
- 2. There is a huge and widening gap between India's economic progress and the ground realities in health.
- 3. The <u>prevalence of under-weight children</u> in India is among the highest in the world.
- 4. TB kills nearly half a million Indians each year, with India leading the world in TB burden.
- 5. India has more people living in rural areas without access to clean water than any other country.
- 6. Nearly half of India's rural population <u>lacks access to toilets</u>, and <u>240 million people live without electricity</u>.
- 7. None of these statistics add up to good health

What does India spend on health?

- The fact that India spends less than 1.5% of its GDP on health, as compared to the global average of about 6%, is one of the biggest reasons for India's atrociously low ranking on the SDG index.
- India's National Health Policy, approved in 2017, proposes to increase health expenditure by the government from the existing 1.15% to 2.5% of the GDP, by 2025.
- There are no signs this is actually happening!



Source: Union Budgets 2012-13, 2013-14, 2014-15, 2015-16, 2016-17, 2017-18; *Revised estimate, **Budget estimate



News World Asia

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Other countries have tried innovative models of delivery

- Ethiopia's use of health extension workers
- Cuba's healthcare system
- Costa Rica's primary healthcare system
- Mexico's Seguro Popular program
- Thailand's Universal Health Coverage
- Rwanda's UHC